

Lessons through Skype - in English



## Classes from Ancient Indian Philosophy Vedānta

*with Padma Chaitanya*

Vedānta is the "last word" of Indian philosophy.

Classes will start with introduction to Vedānta, followed by general topics like human relationships, prayer, self mastery etc. This will be followed by lectures on essence of ten major Upaniṣads. Later we will enter into Upaniṣads and Bhagavad Gītā in their original language Sanskrit with elaborate explanation.

Classes will take **Padma Chaitanya**, who studied Vedānta at Dayananda Ashram in South India and completed her Master of Art (MA) in Vedānta. She lived in India 10 years practising her sādhanā and studying Vedānta and Sri Vidya.

For those who like, classes will be followed by chanting of mantras.

Classes will be once a week through skype or alive at Omkarananda Ashram, Winterthur.

Please contact the following e-mail address:

[caturbahusamanvita@yahoo.in](mailto:caturbahusamanvita@yahoo.in)

Die Skype-Adresse ist: [live:maharajni\\_1](https://www.skype.com/join/voice/live:maharajni_1)

